

## Request for Elective Surgery Admission

### INSTRUCTIONS FOR DOCTORS:

- Please complete the GREEN section (Request for Admission) and Consent for Medical Treatment
- Please supply any relevant results, letters and reports for hospital records

### INSTRUCTIONS FOR PATIENTS:

- Please complete all the PINK Sections
- If you require assistance with completing any section of the booklet, please see your General Practitioner or Clinic Nurse
- Please provide consent for communication with your General Practitioner
- When completed, please return the Request for Elective Surgery Admission intact to:

Patient Services Unit  
 Latrobe Regional Hospital  
 PO Box 424  
 Traralgon, Vic, 3844

- We require this completed booklet to assist with management of your fitness for surgery and discharge planning and in order to prevent and unnecessary delays
- Please notify the hospital (5173 8025) if you change your name, address or phone number
- Please note Latrobe Regional Hospital is *Smoke Free*.

**REQUEST FOR ELECTIVE SURGERY ADMISSION**

### Hospital Use Only

MRN:		Preadmission Required <input type="checkbox"/> Yes <input type="checkbox"/> No
Date Referral Received:		<input type="checkbox"/> Pre admission clinic
Placed on Waiting List:		<input type="checkbox"/> Phone review
		<input type="checkbox"/> Anaesthetic Review
Triage Notes:		
The following documentation has been sent to patient <input type="checkbox"/> Yes <input type="checkbox"/> No		
<small>Enc: 1. Your rights &amp; responsibilities: 2. Patient Information consent for anaesthetic: 3. Latrobe Regional Hospital Pre-operative fasting for elective surgery: 4. Victorian Public Hospitals – information for patients: 5. Patient Information "Stay safe at LRH".</small>		

**DOCTOR TO COMPLETE**  
**Request for Elective Admission**

MR NUMBER.....

SURNAME.....

GIVEN NAMES.....

DATE OF BIRTH..... Sex: M F  
 Please fill in if no Patient Label available

PATIENT NAME:

Date of Birth ...../...../.....  Male  Female

**Category of Clinical Urgency**

Category 1 (Urgent within 30 days)       Category 2 (Semi-urgent desirable within 90 days)       Category 3 (Desirable within 365 days)

Diagnosis:

Clinical Indicators:

Proposed Surgery/Procedure:

Day Case     Inpatient    Proposed length of surgery:.....mins    Proposed length of stay:.....days

**Proposed Date of Admission:**

Can the patient continue antiplatelet or anticoagulant therapy preoperatively?  Yes  No – please advise:

**Known Alerts/Allergies:**     Latex     Drug     Infectious     Diabetic Type.....  
 Security/BoC     Frailty     Other?.....

Special Requirements: (equipment, prostheses, consumables, cell saver)

Patient is suitable for ERAS

**SURGEON DETAILS:**

Referring Consultant:.....  
 (print name)

Signed \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**Hospital Office Use only:**     Programmed Procedure    **Due Date:**

**REQUEST FOR ADMISSION**

**CONSENT TO MEDICAL TREATMENT**

MR NUMBER.....  
 SURNAME.....  
 GIVEN NAMES.....  
 DATE OF BIRTH..... Sex: M F  
 Please fill in if no Patient Label available

**A) CONSENT TO TREATMENT**

I, Dr \_\_\_\_\_ declare that:  
 (Print given names) (Print family name)

I have informed the patient about their condition and the various ways in which it may be appropriately treated. I have also explained the relevant foreseeable risks of the chosen procedure / treatment. I have given the patient the opportunity to ask questions and express specific concerns and have addressed these.

**DOCTOR'S SIGNATURE** \_\_\_\_\_ Date:

I, \_\_\_\_\_  
 (Print given names) (Print family name)

Hereby request and consent to the carrying out upon myself / my \_\_\_\_\_  
 (state relationship to patient)

the following procedure / treatment / course of treatment: \_\_\_\_\_

I understand that other unexpected procedures / treatments are sometimes necessary and I request and consent to these being carried out if required.

I have completed the REFUSAL OF MEDICAL TREATMENT section on the back of this form for any procedures / treatments that I am unwilling to undertake.

I hereby confirm that I understand the above procedure and associated risks. I also understand that complications may occur or the expected result may not be achieved even though the procedure / treatment is carried out with due professional care.

**PATIENT'S SIGNATURE** \_\_\_\_\_ Date:   
 (signature of patient / parent / guardian / next-of-kin)

**B) CONSENT TO ANAESTHETIC SERVICES**

- I have read the anaesthetic information brochure provided to me and am satisfied that I understand it.
- The risks and benefits of the relevant anaesthetic options have been discussed with me.
- I understand, to my satisfaction, the following anaesthetic techniques to be used:

\_\_\_\_\_ (proposed anaesthetic – to be completed by anaesthetist)

- All of my questions and specific concerns regarding the anaesthetic have been addressed satisfactorily. I hereby confirm that I understand the anaesthetic/s and associated risks and I consent to the same.

**PATIENT'S SIGNATURE** \_\_\_\_\_ Date:   
 (signature of patient / parent / guardian / next-of-kin)

I, Dr \_\_\_\_\_ declare that:  
 (Print given names) (Print family name)

- I have explained the risks, benefits and alternatives of the proposed anaesthetic.
- I provided the patient with the opportunity to ask questions and express specific concerns and these have been addressed.

**ANAESTHETIST'S SIGNATURE** \_\_\_\_\_ Date:



**PATIENT CONSENT FOR  
PLACEMENT ON  
WAITING LIST**

MR NUMBER.....  
SURNAME.....  
GIVEN NAMES.....  
DATE OF BIRTH..... Sex: M F  
Please fill in if no Patient Label available

**GENERAL PRACTITIONER (GP)**

GP Surname \_\_\_\_\_ Given Name \_\_\_\_\_

Clinic \_\_\_\_\_

Address \_\_\_\_\_

**CONSENT FOR PLACEMENT ON WAITING LIST/ RELEASE OF INFORMATION TO NOMINATED GP**

I, \_\_\_\_\_  
(Print given names) (Print family name)

have been advised of my need for the aforementioned surgical procedure and

1. I understand the reason and give consent for my referral to the waiting list
2. I understand that I have been given an urgency category and will be booked for surgery according to my clinical need
3. I am aware that as a public patient on the waiting list of a public hospital that;
  - i) the surgeon may not be my referring specialist
  - ii) my surgery may be performed by a Registrar
4. I understand that health information about me, relevant to the proposed procedure, will be provided to the hospital so that I can receive the necessary treatment. The hospital will also be advised about the contact details of my General Practitioner
5. I authorise the hospital to release health information about me to my GP

PATIENT'S SIGNATURE \_\_\_\_\_ DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_  
(signature of patient / parent / guardian / next of kin)

**PATIENT CONSENT FOR PLACEMENT ON WAITING LIST**

## ADMISSION DETAILS

MR NUMBER.....  
 SURNAME.....  
 GIVEN NAMES.....  
 DATE OF BIRTH..... Sex: M F  
 Please fill in if no Patient Label available

### ALL PATIENTS MUST COMPLETE THIS SECTION

PATIENT DETAILS

**Have you ever been a patient at the Latrobe Regional Hospital?**

Yes  No

Patient: Title:.....Surname:.....Given Names:.....

Maiden/Previous Name:.....

Date of Birth...../...../.....  Male  Female  Self-described (please specify)

Preferred pronoun..... Marital Status.....  
 (Married/Separated/Divorced/Defacto/Widowed/Single)

Address:..... Postcode:.....

Postal Address:..... Postcode:.....

Phone: Home.....Work.....Mobile.....

Email.....

Country of Birth ..... If Australia, which State.....

Language Spoken..... Interpreter required?  Yes  No

Religion..... Pastoral care visit required?  Yes  No

Are you an Aboriginal?  Yes  No Are you a Torres Strait Islander?  Yes  No

**Next of Kin / Person to be contacted in the event of an emergency**

Name..... Relationship.....

Address..... Postcode.....

Phone..... Work..... Mobile.....

**If the primary contact person is not your next of kin please circle - Carer/Guardian/DHHS**

Name:.....Relationship.....Contact Number:.....

**Admitting Surgeon:**.....

Medicare Number: \_\_\_\_\_ Patient Number: \_\_\_\_ Expiry Date: ...../...../.....

Pension Number: \_\_\_\_\_ Expiry Date: ...../...../.....

Health Care Card: \_\_\_\_\_ Expiry Date: ...../...../.....

DVA Number: ..... Card Type:  Gold  White  Other

**I elect to be admitted as a Private Patient covered by Health Insurance**  Yes  No

Health Fund:..... Membership Number:.....

Phone Number:..... Level of Cover:.....

**If this admission relates to one of the following, please complete:**

TAC Claim Number..... Date of Accident: ...../...../.....

Workcover Claim Number:..... Workcover Employer:.....

## PATIENT TO COMPLETE

MR NUMBER.....

SURNAME.....

GIVEN NAMES.....

DATE OF BIRTH..... Sex: M F  
Please fill in if no Patient Label available

PLEASE COMPLETE THE FOLLOWING QUESTIONS	YES	NO	Please provide details (eg date) if yes
Do you have or have you had a <b>serious illness or disability</b> ?			
Have you ever suffered from <b>chest pain / angina / heart attack</b> ?			
Do you have a <b>cardiac stent / heart valve replacement / pacemaker</b> ?			
Do you suffer from <b>atrial fibrillation (AF) / heart palpitations</b> ?			
Have you had <b>rheumatic fever</b> ?			
Do you have <b>hypertension / high blood pressure</b> ?			
Do you have any other <b>heart / cardiac problems</b> ?			
Have you ever had a <b>stress test, echocardiogram, heart surgery</b> , been under the care of a heart specialist?			
Cardiologist's Name	When did you last visit the Specialist? ___/___/___		
Address &/or Phone Number:			
Without stopping, can you <b>walk</b> <input type="checkbox"/> 5 kms >? <input type="checkbox"/> 2 flights of stairs? <input type="checkbox"/> 1km? <input type="checkbox"/> <1km?			
Do you suffer from <b>asthma</b> ?			
Do you suffer from <b>emphysema / COPD</b> ?			
Have you had a recent <b>chest infection, bronchitis or pneumonia</b> ?			
Do you have <b>sleep apnoea / CPAP machine</b> ?			
Do you have any other <b>lung / respiratory problems (eg TB)</b> ?			
Do you have any <b>gastrointestinal or bowel problems</b> ?			
Do you suffer from <b>hepatitis, jaundice, other liver disease</b> ?			
Do you have any <b>kidney / bladder problems</b> ?			
Do you suffer with <b>headaches / migraines</b> ?			
Do you have <b>dizzy spells / fainting</b> ?			
Have you had a <b>stroke / TIA / head injury</b> ?			
Do you suffer with <b>seizures, epilepsy or blackouts</b> ?			
Have you had any <b>blood clots (legs or lungs)</b> ?			
Do you have <b>diabetes</b> ?			If yes when were you diagnosed?
<input type="checkbox"/> Type 1 <input type="checkbox"/> Type 2 <input type="checkbox"/> Unsure	How is the diabetes treated <input type="checkbox"/> Insulin <input type="checkbox"/> Tablets <input type="checkbox"/> Diet		
Have you had any <b>bleeding disorders</b> or been <b>anaemic</b> ?			
Do you take <b>blood thinning medications</b> ?			
Have you had a <b>blood transfusion</b> ?			
Could you be <b>pregnant</b> ?			
Have you <b>joint replacement/ prostheses / implants</b> ?			
Have you had any <b>unplanned weight loss / loss of appetite</b> ?			
Do you have a <b>hearing impairment</b> ?			

HEALTH ASSESSMENT

## HEALTH ASSESSMENT

MR NUMBER.....
SURNAME.....
GIVEN NAMES.....
DATE OF BIRTH..... Sex:    M    F
Please fill in if no Patient Label available

HEALTH ASSESSMENT page 2

What is your current weight? _____ Kg	What is your height? _____ cm		
<b>PLEASE COMPLETE THE FOLLOWING QUESTIONS</b>			
	YES	NO	
Do you take any <b>unprescribed recreational drugs</b> ?			
Do you <b>smoke</b> ?			How many per day?
Did you smoke in the past?			When did you stop?
Do you drink <b>alcohol</b> ?			How many per day?
<b>ANAESTHETIC</b>			
Have you or a blood relative ever had a problem with a <b>general anaesthetic</b> ?			
Have you suffered from <b>severe nausea</b> after an <b>anaesthetic</b> ?			
Do you have problems with <b>neck / jaw</b> movement?			
Do you suffer from <b>heartburn / indigestion / reflux</b> ?			
Do you have any <b>capped teeth / loose teeth</b> or <b>dentures</b> ?			
Do you have a difficult <b>intubation</b> history?			
<b>INFECTIONS</b>			
Are you aware of yourself or family members being a carrier of <b>Creutzfeldt-Jakob Disease (CJD)</b> ?			
Have you had <b>Multi Resistant Organism (MRO) infection</b> ?			
Have you had <b>Vancomycin Resistant Enterococci (VRE) infection</b> ?			
Have you had <b>Carbapenemase Producing Enterobacteriaceae (CPE) infection</b> ?			
Do you have any <b>current skin wounds</b> ?			
<b>DISCHARGE PLANNING</b>			
Day only surgery requires you to have an overnight carer and transport home. <b>Have you made provision for this?</b>			Name: Contact No:
Do you use community services such as <b>district nurse/ home help / meals on wheels</b> ?			
Do you live in <b>residential care accommodation</b> ?			
Do you normally need help with day to day activities such as <b>showering / bathing / preparing meals</b> ?			
Have you <b>fallen / lost your balance</b> in the last 12 months?			
Are you solely responsible for the <b>care of another person at home</b> ?			
Do you <b>live alone</b> ?			
Do you have <b>family / friends</b> close by who will help you after hospital if needed?			
Will you or your carer require a <b>medical certificate</b> ?			
Would you like to speak to a <b>Social Worker</b> about any issues at home?			





## ADMISSION NURSING ASSESSMENT

MR NUMBER.....  
 SURNAME.....  
 GIVEN NAMES.....  
 DATE OF BIRTH..... Sex: M F  
 Please fill in if no Patient Label available

ADMISSION NURSING ASSESSMENT

Name of staff member completing (please print):	Designation:	Date:	Time:
Does patient <b>live</b> : <input type="checkbox"/> With Spouse/family <input type="checkbox"/> With friend/s <input type="checkbox"/> Alone <input type="checkbox"/> Supported Accommodation			
Does the patient have <b>transport</b> home? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes → Provide Name & contact		Name: <input style="width: 100%;" type="text"/> Number: <input style="width: 100%;" type="text"/>	
<b>Please tick appropriate answer</b>	<b>YES</b>	<b>NO</b>	<b>Give further details where indicated</b>
Has the <b>procedure</b> been confirmed with the patient?			
Has the <b>Health Assessment</b> previously filled in by Patient been checked?			
Does the patient have <b>dentures</b> ?			If yes → are dentures with patient? Yes <input type="checkbox"/> No <input type="checkbox"/>
Does the patient have impaired <b>vision</b> ?			If yes → did patient bring aids? Yes <input type="checkbox"/> No <input type="checkbox"/> Aid: <input style="width: 100%;" type="text"/>
Does the patient have a <b>hearing</b> impairment?			If yes → did patient bring aid? Yes <input type="checkbox"/> No <input type="checkbox"/> Aid: <input style="width: 100%;" type="text"/>
Is the patient a <b>diabetic</b> ?			If yes what is the control? Diet <input type="checkbox"/> Medications <input type="checkbox"/> Insulin <input type="checkbox"/>
Have <b>medications</b> been brought in?			If yes → provide details below:
If having joint replacement, did the patient use <b>pre-op wash</b> prior to admission? Yes <input type="checkbox"/> No <input type="checkbox"/>			
	<b>YES</b>	<b>NO</b>	If yes :
Does the patient have any <b>allergies</b> ?			<input type="checkbox"/> Documented on medication chart <input type="checkbox"/> Red band attached <input type="checkbox"/> Alert sheet completed
Does the patient have any <b>wounds, ulcers or dressings</b> ?			If yes → refer to Wound Consultant if appropriate: <input style="width: 100%;" type="text"/>
<b>Pressure risk</b> assessment completed?			<input type="checkbox"/> Strategies implemented and documented in care plan if applicable
<b>Falls risk</b> assessment completed?			<input type="checkbox"/> Strategies implemented and documented in care plan if applicable
<b>Venous Thromboembolism (VTE)</b> risk assessment completed?			<input type="checkbox"/> Strategies implemented and documented in care plan if applicable
Does the patient have <b>rapidly worsening dementia or ataxia</b> ?			
Does the patient have an <b>infectious</b> condition eg: MRSA/VRE/CPE/Gastro/Shingles?			If yes: <input type="checkbox"/> Alert Sheet Completed
Has the patient received <b>Rights &amp; Responsibilities &amp; "Stay safe at LRH"</b> information?			If no → please provide patient with brochure
Does the patient have an <b>Advance Care Plan</b> ?			
Has the patient be referred for <b>Advance Care Plan</b> information and advice?			
<b>Discharge Checklist:</b>			
<input type="checkbox"/> Patient confirmed medically safe for discharge	<input type="checkbox"/> IVC Removed		
<input type="checkbox"/> Prescription sent to Pharmacy	<input type="checkbox"/> Equipment/dressing provided		
<input type="checkbox"/> Family notified of Discharge	<input type="checkbox"/> Medical Certificate provided		
<input type="checkbox"/> Transport arrangements confirmed	<input type="checkbox"/> Services notified of discharge		
<input type="checkbox"/> Appointments made & given to patient/family	<input type="checkbox"/> Instructions provided to patient/family		
<b>Discharge sign off:</b> <input style="width: 400px; height: 20px;" type="text"/>	<b>Date:</b> <input style="width: 150px; height: 20px;" type="text"/>		

