

OUR CORE VALUES:

- Person Centred Care
- Integrity
- Excellence
- Working Together

YOUR RIGHTS AND RESPONSIBILITIES:

If you would like a copy of the Rights and Responsibilities brochure you may either request one from a member of SACS team or by contacting the hospital direct on 5173 8000.

WHO DO I CONTACT?

If you would like to make a referral or obtain further information about the program please contact:

Continence Service Specialist Clinic
(03) 5173 8822 - telephone
(03) 5173 8799 – facsimile

Hours of operation:

Monday to Friday: 8.00am – 4.30 pm
Closed Public Holidays

Location:

Latrobe Regional Health - SACS
Specialist Clinics - Building 2
158 Princes Street (Highway)
Traralgon, VIC

Continence Clinic

- A part of Sub-acute Ambulatory Care Services (SACS)
- A Health Independence Program



Continence Service Specialist Clinic

DO YOU HAVE BLADDER
OR BOWEL PROBLEMS?

Endorsed by LRH consumers August 2017
Updated January 2024

WHAT IS THE CONTINENCE CLINIC?

The Continence Clinic uses a multidisciplinary approach to the assessment and management of bladder and bowel problems. We aim to promote excellence in the care of those who experience bladder and bowel problems. Self-management is promoted and the aim always is to improve quality of life. The service offers:

- Outpatient consultations

WHAT SERVICES ARE AVAILABLE?

- Assessment
- Diagnosis
- Uroflowmetry and simple bladder ultrasonography
- Urodynamic Studies (Referral required)
- Bladder retraining
- Pelvic muscle rehabilitation
- Bowel management
- Toileting programs
- Advice on the use of continence aids and equipment
- Catheterisation techniques
- Appropriate liaison with other relevant services
- Applications for financial assistance for the provision of continence aids

THE CONTINENCE TEAM CONSISTS OF:

- Nurse
- Physician
- Physiotherapist

WHO CAN ACCESS THE CONTINENCE CLINIC?

Adults and children experiencing bladder and bowel dysfunction, including urinary and faecal incontinence.

HOW DO YOU ACCESS THE CONTINENCE CLINIC?

We accept referrals from any source:

- Self-referral
- Family and/or carers
- NDIS referral
- General Practitioners
- Medical Specialists
- Other health care professionals

HOW OFTEN WILL I NEED TO COME IN?

Individual client need determines how often a client needs to be seen.

HOW MUCH WILL IT COST?

Clients are not charged for the assessment service. If ineligible for funding schemes, the cost of any continence aids and equipment are met by the client. Some specialist equipment is available for loan e.g. enuresis alarms.

Interpreter Services:

Arranged if required at no cost to you.

TRANSPORT:

Where possible, clients need to organise their own transport to and from the clinic, eg family or friends. There is a volunteer driver program that can assist people under some circumstances.

Notification of non-attendance:

Please notify the Continence Clinic if you are unable to keep an appointment.

OUR SHARED VISION:

We will be a leading regional health care provider delivering timely high quality accessible, integrated and responsive services to the Gippsland community.

