

RIGHTS & RESPONSIBILITIES

If you would like a copy of the Rights and Responsibilities brochure you may either request one from a member of the Community Rehabilitation Service (CRS) team or by contacting the hospital direct on 5173 8000.

OUR SHARED VISION

We will be a leading regional health care provider delivering timely high quality accessible, integrated and responsive services to the Gippsland community.

OUR CORE VALUES

- Person Centred Care
- Integrity
- Excellence
- Working Together

CONTACT US

If you would like to make a referral or obtain further information about the program please contact:

Community Rehabilitation Services
5173 8383 - telephone
5173 8386 - fax

Hours of operation – Allied Health:

Monday to Friday
8.00am – 4.30 pm
Closed Public Holidays

Allied Health Department
Latrobe Regional Health
Village Avenue, Traralgon West

PO Box 424, Traralgon, Vic 3844

Website: www.lrh.com.au

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Parkinson's Group

Have you been recently diagnosed with
Parkinson's disease?



What is The Parkinson's Group?

The Parkinson's Group is a program offered for people with Parkinson's disease. It involves education sessions to increase participant's knowledge of their condition as well as exercise sessions that aim to improve the physical function of people with Parkinson's disease.

Who attends The Parkinson's Group?

Any person with Parkinson's disease can benefit from attending the Parkinson's Group.

People need to be medically stable to attend this group.

Multidisciplinary Team:

- Dietitian
- Occupational Therapist
- Physiotherapist
- Pharmacist
- Social Worker
- Speech Therapist
- Geriatrician

What is involved with this program?

The Parkinson's Group is an eight (8) week program combining exercise sessions and education session.

Before starting the program, each client has an initial assessment with the Physiotherapist.

What are the benefits?

People who attend the Parkinson's Group will gain

- a broader knowledge of how the disease affects them
- an understanding of strategies that may assist with the management of the disease
- Information about equipment that may help with daily functioning
- Information about community services which may be beneficial to people with living with Parkinson's disease.

The Parkinson's Group Operating Times:

Wednesday: 1.00-3.00 pm

This includes an exercise and education session.

Interpreter Services:

Interpreters are arranged if necessary at no cost to you.

Transport:

The use of private transport is encouraged. If clients are unable to access private transport, information regarding alternative arrangements can be provided.

Non-attendance

A CRS staff member must be notified if a client is unable to attend the sessions. Where possible, advance notice of holidays or other appointments should be provided to staff.

How much will it cost?

The Parkinson's Group is a free service

